

Grinnberget

Quick Facts

Distance to Sunne: 28 km. **Trail length:** 8-10 km. **Hiking time:** 3,5-4 hours.

How to Get There

Hedås – Grinnberget is located about 28 kilometres north-west of Sunne. Travel north on road E45 from Sunne. After 3 kilometres, turn left towards Gräsmark. Drive for 17 kilometres, pass through Uddheden/ Gräsmark and continue for another 6 kilometres toward Torsby. At Hedås camping by Grässjön, you will find parking and an information board.

To get directions from a starting point of your choosing, go to www.hitta.se and search for Hedås. Follow the directions but continue onto the campsite at Grässjön for parking.



About the Trail

You start your hike at Grässjön's camping, beautifully situated on the shore of lake Grässjön. To begin with, the path runs across dry moorland with pines, and then it continues up on the Grinnberget mountain through beautiful forests and up to breathtaking views. Along the trail, you can see how the landscape was shaped by the masses of the last ice age. At the top, you will find a picnic table where you can take a break and enjoy a great view of the Rottnadalen valley.

After descending the hill, you can choose between taking the same way back to the campsite or walking along the gravel road all the way around lake Grässjön. There are no orange markings for the second option, but you walk right by the lake the entire time and can enjoy the view. Once back at the campsite, you can go for a swim in the lake from the pier or the beach.

Camping

At the lake shore, you will find a jetty, a place for barbecue, and outdoor changing rooms. Nearby Grässjön's camping has service buildings with toilets and showers. You will also find football fields and lit exercise trails close to the lake.

Hedås Bygdeförening wishes you a pleasant hike!

