

Around Lillsjön

Quick Facts

Distance to Sunne: 21 km. **Trail length:** 4,4 km. **Hiking time:** 1,5 hours.

How to Get There

Take road E45 north from Sunne. Turn towards Gräsmark and drive for approximately 20 kilometres to Uddheden village centre. Turn right in the four way crossing and park to the right in the big parking lot by the church.

About the Area

Gräsmark is located in Rottnadalen valley, and is an idyllic place with beautiful nature. There are nature reserves and hiking trails, a grocery store and restaurants. In the summer, there are several spots where you can swim in lakes. A very popular place is Trötvik, a kilometre long sand beach at the northern end of lake Rottnen.

About the Trail

This trail runs around lake Udden (locally known as "Lillsjön"). Mostly, it follows the gravel road, but there is also a stretch along the tarmac road in the village. On the western side of the lake, the gravel road rises and gives you a nice view of the lake and the village. From here, you follow a forest path for a few hundred meters before returning to the gravel road.

You will pass right by the church of Gräsmark, which is well known for its stunning ceiling paintings. It is one of very few churches with a painted depiction of hell. Rumour has it that the artist put the faces of people he didn't like in his painted version of purgatory. The exterior of the church is also beautiful, but its number one asset is probably its location. The churchyard is almost park-like, and is enhanced by its placement right by the lake.

At the northern part of the lake, there is a nice shore for swimming. If you get hungry, you can enjoy a lovely meal at Kalasmakeriet. Make sure to look up their opening hours first, as they vary around the year.

This is an easy trail to hike, with plenty of opportunities to enjoy the beautiful surroundings.

